

MEN, YOU CAN QUIT PORN

OVER 700,000 MEN ARE IN TRAINING TO CONQUER PORN AND WALK IN FREEDOM

We've all made new year resolutions that we quickly break. With 68% of men in the church viewing porn on a regular basis, the dominant cry in their hearts is "I will never do this again, I won't let porn control me anymore!" Most men who make a new year resolution to never watch porn again find themselves back on the same websites in no time. Willpower won't fix it!

DO IT THE RIGHT WAY START A PROCESS

Trying harder only tightens the noose around your neck. Each time you fail you increase the shame you carry, which perpetuates the cycle - you go back to porn to medicate the shame you're feeling. Committing to a process takes time because there's no quick fix. It's more than just saying "I will no longer watch porn" because it's really not about porn. You're using porn to medicate anxiety and stress in your life. You do this by accessing the internal pharmacy that you have in your brain.

Your brain has the powerful chemicals that you can access when you're feeling low. Most likely, you've learned to rely on these chemicals from a very early age. When you watch porn, powerful neurotransmitters such as dopamine are released, which bond you to those images.

According to neuropsychologist Dr. Tim Jennings, "Any type of repetitive behavior will create trails in our brain that are going to fire on an automatic sequence."

The result is years of bondage. This is how you can love the Lord, but still be trapped in bondage to porn. You must renew your mind. Dr. Ted Roberts in the Conquer Series will teach you how to biblically renew your mind and find freedom. Dr. Ted has a 90% success rate in helping men find freedom.

The Conquer Series is a cinematic two volume 12-disc DVD set featuring over 7-hours of in-depth teaching from former Marine Fighter Pilot and Pastor, Dr. Ted Roberts, who shares powerful tools and bible-based strategies that he has used to help thousands of men renew their mind and find freedom from porn.

**TAKE YOUR FIRST STEP TO FREEDOM.
ATTEND THIS AREA WIDE SEMINAR**

THE SINGLE
GREATEST TOOL
FOR HELPING MEN FIND FREEDOM

**5-WEEK CONQUER SERIES BEGINS THURS, SEPT. 20TH
6:30 P.M. 8100 S. DELAWARE AVE, 1ST FLOOR (ENTER OFF 815T)
CALL TO REGISTER: 918-819-1052 OR CONQUERSERIESTULSA.COM**

